

Grade 7 Vocabulary

Week 45: Worksheet 4

Directions: Choose the word that best completes each sentence. Write it on the line.

1) If you ever feel a sharp pain in your left arm that radiates from the chest, it is a(n) _____ (*eminent, urgent, consume*) matter that requires medical attention.

2) When someone is well known in their field and very good at what they do, they are often called _____ (*precursor, robust, eminent*) members of the field.

3) A poor diet and lack of exercise can often be a _____ (*precursor, indicate, remedy*) to high blood pressure.

4) Those who have _____ (*robust, arteries, hypertension*) must make lifestyle changes to protect themselves from further health issues.

5) When something becomes an obsession, whether it is food, a hobby, or even a game, it is said to _____ (*consume, indicate, trigger*) you.

6) A _____ (*toll, trigger, precursor*) is something that can cause a specific reaction for someone, even when it does not bother someone else.

7) Not caring for yourself, eating junk food, and never exercising can take a real _____ (*remedy, urgent, toll*) on the body.

8) Untreated hypertension can actually shorten the _____ (*lifespan, systolic, trigger*) for the person who ignores it.



Answer Key

Worksheet 4

1. urgent
2. eminent
3. precursor
4. hypertension
5. consume
6. trigger
7. toll
8. lifespan