

**Grade 7 Vocabulary**

**Week 42: Worksheet 2**

**Directions: Use your knowledge of the vocabulary words below to fill in the blanks.**

obesity	excessive	accumulation	deem	inadvertently
stigma	cholesterol	adulterated	fatty	diet
project	prevalence	sedentary	metabolic	morbid

- 1) Ground beef is much more \_\_\_\_\_ than turkey, but I still like to eat hamburgers on occasion.
- 2) There are two types of \_\_\_\_\_ one is considered good at high levels, but the other is not.
- 3) Though the product said it was healthy, it was \_\_\_\_\_ with ingredients that were not good for people.
- 4) Heart disease is one of the leading \_\_\_\_\_ disorders that can shorten a life span in humans.
- 5) I \_\_\_\_\_ this day as one of the best ever because I received a clean bill of health.
- 6) We are working on a school \_\_\_\_\_ to show the effects of being a vegetarian on the body.
- 7) An \_\_\_\_\_ of something called plaque in the arteries can lead to heart disease and other health issues.
- 8) People have started leading more \_\_\_\_\_ lives because technology makes it easier than ever to do most things from your couch or desk.
- 9) A vegan or vegetarian \_\_\_\_\_ is not for everyone, but it is a healthy alternative for those who choose it.
- 10) There is often a \_\_\_\_\_ attached to certain lifestyles or the way you look.



## Answer Key

### Worksheet 2

- 1) fatty
- 2) cholesterol
- 3) adulterated
- 4) metabolic
- 5) deem
- 6) project
- 7) accumulation
- 8) sedentary
- 9) diet
- 10) stigma