

**Grade 7 Vocabulary**

**Week 42: Worksheet 1**

**Directions: Use your knowledge of the vocabulary words below to answer the following questions.**

obesity	excessive	accumulation	deem	inadvertently
stigma	cholesterol	adulterated	fatty	diet
project	prevalence	sedentary	metabolic	morbid

- 1) When people eat \_\_\_\_\_ amounts of unhealthy foods, weight gain is inevitable.
- 2) Diabetes and heart disease are both types of \_\_\_\_\_ disorders and can lead to further health problems.
- 3) Many people who are overweight feel a \_\_\_\_\_ is attached and others look down on them.
- 4) In the United States the \_\_\_\_\_ of obesity has increased even though people know the dangers.
- 5) A \_\_\_\_\_ high in fruits and vegetables with low fat meats is considered healthier than an overwhelming amount of processed foods.
- 6) Someone who is considered to be \_\_\_\_\_ may often talk of death and disease.
- 7) He accidentally or \_\_\_\_\_ hit the edge of the table and knocked over the vase of flowers.
- 8) In order to have your \_\_\_\_\_ checked, a doctor will need to draw blood.
- 9) People who sit around all day at a desk or home while working or watching television are often said to lead \_\_\_\_\_ lives.



## Answer Key

### Worksheet 1

- 1) excessive
- 2) metabolic
- 3) stigma
- 4) prevalence
- 5) diet
- 6) morbid
- 7) inadvertently
- 8) cholesterol
- 9) sedentary