

Grade 7 Vocabulary

Word Meanings

Week 42

Directions: Look at the words in the list below. There is a definition and two phrases to help you learn the new vocabulary.

Word	Meaning	Examples
obesity (noun)	being overweight or grossly fat	"obesity leads to health problems"; "obesity is problematic"
excessive (adjective)	more than normal or necessary	"excessive amounts of food"; "excessive sugar in candy"
accumulation (noun)	amassing, build-up, a quantity of something that has been gathered over time	"an accumulation of fat"; "an accumulation of dust"
deem (verb)	consider in a specific way, consider, judge	"deem it appropriate"; "deem it a great success"
inadvertently (adverb)	accidentally, unintentionally, unaware	"inadvertently knocked it off"; "inadvertently spilled the water"

Word	Meaning	Examples
stigma (noun)	a mark of disgrace associated with something specific, shame, disgrace, dishonor	"the stigma of being overweight"; "stigma of having gone to jail"
cholesterol (noun)	a sterol type compound found in body tissue, important for body functions, but not at high levels	"high cholesterol can be dangerous"; "high cholesterol can lead to heart disease"
adulterated (verb)	degrade, debase, making something of poorer quality by adding something to it	"adulterated the meat with flour"; "adulterated the body with caffeine"
fatty (adjective)	a large amount of fat, greasy, oily	"avoid most fatty foods"; "a table covered with fatty food options"
diet (noun)	the kinds of food a person, community, or animal eats regularly	"a vegetarian diet"; "a poor diet"

Word	Meaning	Examples
project (noun)	a planned undertaking	"a science project"; "an easy group project"
prevalence (noun)	commonness, condition of being prevalent, generality	"high prevalence of diabetes"; "prevalence is high"
sedentary (adjective)	somewhat inactive, still, tending to spend time seated	"a sedentary lifestyle"; "a sedentary job"
metabolic (adjective)	relating to the metabolism of a living organism	"a metabolic disorder"; "a metabolic disease"
morbid (adjective)	indicative of disease, pathological, diseased	"morbid obesity"; "treatment of morbid disorders"

