

Grade 7 Vocabulary

Week 41: Worksheet 1

Directions: Use your knowledge of the vocabulary words below to answer the following questions.

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|-----------|------------|---------|------------|------------|
| diabetes | pancreas | glucose | insulin | prevention |
| fructose | elevate | grail | slacken | spike |
| imbalance | inhibiting | chronic | exacerbate | imperil |

- 1) A sudden uptick or _____ in the number of children who develop diabetes is concerning.
- 2) Though having sweets as a treat sometimes is fine, having a diet with an _____ where you are not also eating healthy foods is what causes the problems.
- 3) When blood sugar is low, people often drink juice to help raise or _____ it to a safer level.
- 4) Even though some people are able to keep diabetes in check through proper diet, it never goes away, making it a lasting or _____ condition.
- 5) When someone is diabetic and their sugar levels get too high, they must take a shot of _____ to help it level back out because the hormone helps regulate glucose.
- 6) There are two types of the _____ disease with one being from birth and the other caused by a lifestyle, but both effect glucose levels.
- 7) If you are not born with diabetes, then _____ is the best option which requires a healthy and balanced diet.
- 8) The _____ is one body part that is not often discussed unless you happen to be diabetic and there is a problem with glucose and insulin production.



Answer Key

Worksheet 1

- 1) spike
- 2) imbalance
- 3) elevate
- 4) chronic
- 5) insulin
- 6) diabetes
- 7) prevention
- 8) pancreas