

Directions: Christy is writing an essay about the gymnastics meet for the school newspaper. Help her fill in the missing words to complete the assignment.

The gymnastic meet was scheduled across two days on the weekend. Each person competing had to complete five routines in different areas. They had to do a floor routine, show ability on the _____ (vault, pirouettes, flexibility), uneven bars, rings, and balance beam. Each _____ (elite, apparatus, tumbling) requires a different set of skills to gain a high score.

The first competitor wore a patriotic, American _____ (dismount, aerial, leotard) with red, white, and blue patches. The young lady had a difficult _____ (composition, dynamic, tumbling) for her floor routine with a _____ (tumbling, dismount, apparatus) _____ (virtuosity, unitards, sequence) involving multiple flips that ended in an _____ (elite, aerial, vault). The highly _____ (dismount, dynamic, tumbling) routine caused her to get a nearly perfect score. Everyone was excited.

Unfortunately, the excitement ended when her balance beam routine ended with a wobbly _____ (dismount, virtuosity, unitards) that caused a loss of points. Thankfully, she recovered on the vault with a nearly perfect double as she flew through the air. It was obvious this gymnast was well on her way to becoming one of the _____ (dynamic, elite, apparatus) in the competition. Hopefully she will be in competition in future events that are covered by this paper.





Answer Key

Worksheet 3

vault

apparatus

leotard

composition

tumbling

sequence

aerial

dynamic

dismount

elite