

Grade 7 Vocabulary

Week 32: Worksheet 1

Directions: Use your knowledge of the vocabulary words below to answer the following questions.

| | | | | |
|-------------|-----------|-------------|-----------|------------|
| aerial | apparatus | composition | execution | dismount |
| flexibility | unitards | pirouettes | sequence | virtuosity |
| vault | tumbling | leotards | dynamic | elite |

- 1) A gym in which people practice gymnastics will have a(n) _____ for different things like vaulting, balancing, tumbling, and much more.
- 2) Putting together a _____ is difficult because you must decide on music and a sequence of moves that will earn points.
- 3) It can take years of practice and dedication to reach the _____ level of gymnastics.
- 4) A gymnast must have great _____ so they do not get injured while practicing stunts and moves.
- 5) The Olympic gymnastics team has matching _____ that covered their arms, but not their well-toned legs.
- 6) The routine had gone perfectly, now she just had to nail the _____ at the end.
- 7) Knowing how to do each move perfectly was half the battle, now she had to show perfect _____ in front of the judges.
- 8) Though _____ cover more skin, a leotard is the uniform of choice for gymnasts.
- 9) She was practicing _____ by twirling, turning, and spinning around the floor.
- 10) The expertise or _____ needed is highly elusive.

Answer Key

Worksheet 1

- 1) apparatus
- 2) composition
- 3) elite
- 4) flexibility
- 5) leotards
- 6) dismount
- 7) execution
- 8) unitards
- 9) pirouettes
- 10) virtuosity