

Grade 7 Vocabulary

Week 29: Worksheet 2

Directions: Use your knowledge of the vocabulary words below to fill in the blanks.

breakaway	heralded	defender	whetting	momentum
pace	penetration	plyometrics	shielding	sweeper
streamlined	volley	peripheral vision	outswinger	instep

- 1) During a very tense game, a _____ allowed our team to score a point that was totally unexpected.
- 2) The teams ran drills before the match, _____ the appetites of the fans who had come to watch the action.
- 3) As the ball was kicked from player to player down the field it built up _____ ready to be kicked into the goal.
- 4) The player was looking for a point of _____ to break through the defense as both teams ran up the field.
- 5) We spent the first half of practice working together to learn to _____ the ball before it rebounded which is important during actual games.
- 6) While the _____ is part of the foot, it is also a specific type of kick used in a soccer match to make long, powerful kicks.
- 7) The _____ was so focused on stopping the other team from scoring that he did not realize his parents were calling his name.
- 8) Though the player seemed trapped by the defense, he was _____ the ball to keep from losing control of it while he looked for an opening.



Answer Key

Worksheet 2

- 1) breakaway
- 2) whetting
- 3) momentum
- 4) penetration
- 5) volley
- 6) instep
- 7) defender
- 8) shielding