

Grade 7 Vocabulary

Week 29: Worksheet 1

Directions: Use your knowledge of the vocabulary words below to answer the following questions.

breakaway	heralded	defender	whetting	momentum
pace	penetration	plyometrics	shielding	sweeper
streamlined	volley	peripheral vision	outswinger	instep

- 1) As the team took a victory lap, they _____ their win loudly with a chant.
- 2) I saw the sweeper coming up on my right side using _____.
- 3) When stuck in a tight space and protecting the ball, using _____ can ensure that you are able to take a shot before the ball is stolen.
- 4) In order to get better prepared physically, we used _____, special exercises to toughen up our muscles and nerves.
- 5) I was able to kick the ball, but I did not score because it was an _____ and arced around the goal.
- 6) Since I am one of the toughest players on the team I was put into the _____ position.
- 7) Registration for soccer camp requires a great deal of information, but the coach _____ the process making it much easy to attend.
- 8) The teams had a strong, fast _____ going in the game, but a random injury slowed things down considerably.



Answer Key

Worksheet 1

- 1) heralded
- 2) peripheral vision
- 3) shielding
- 4) plyometrics
- 5) outswinger
- 6) sweeper
- 7) streamlined
- 8) pace