

Grade 7 Vocabulary

Word Meanings

Week 41

Directions: Look at the words in the list below. There is a definition and two phrases to help you learn the new vocabulary.

Word	Meaning	Examples
diabetes (noun)	a disease in which the body cannot produce or respond to the hormone insulin correctly	"diagnosed with diabetes"; "developed diabetes"
pancreas (noun)	a large gland behind the stomach that secretes digestive enzymes like insulin and glucagon	"doing tests on the pancreas"; "locating the pancreas"
glucose (noun)	a simple sugar that serves as a necessary energy source	"test your glucose levels"; "took a glucose tablet"
insulin (noun)	a hormone made in the pancreas that regulates glucose in the body	"synthetic insulin"; "increased insulin levels"
prevention (noun)	the action of stopping something from occurring	"prevention of disease"; "prevention is necessary"

Word	Meaning	Examples
fructose (noun)	a hexose sugar most often found in fruit or honey	"a high fructose level"; "food with high fructose corn syrup"
elevate (verb)	to increase the level of something	"elevate the insulin levels"; "will elevate your levels"
grail (noun)	something that is pursued and sought after	"the holy grail of football"; "reaching for the grail of perfect levels"
slacken (verb)	to loosen, relax, or release	"slacken your grip"; "slacken the rules"
spike (noun)	a sharp increase in the concentration of something	"a spike in insulin levels"; "a spike in the numbers"

Word	Meaning	Examples
imbalance (noun)	contrast, variation, lack of proportion between things that correspond	"creating an imbalance"; "seeing an imbalance"
inhibiting (verb)	impeding, discouraging, restraining	"inhibiting glucose production"; "inhibiting growth"
chronic (adjective)	persistent, long-term usually of an illness	"a chronic cough"; "chronic sore throat"
exacerbate (verb)	aggravate, to make worse, to inflame	"exacerbate the symptoms"; "exacerbate the problem"
imperil (verb)	endanger, risk, put at risk of being injured or harmed	"imperil the patient"; "imperil the results"

