



Conversion between hours, minutes and seconds

WORKSHEET#5

Convert the followings into minutes and seconds. Show your working.

1) 455 seconds = _____

2) 77 seconds = _____

3) 159 seconds = _____

4) 623 seconds = _____

5) 248 seconds = _____

6) 380 seconds = _____

7) 541 seconds = _____

8) 700 seconds = _____



ANSWERS

- 1) 7 mins 35 secs
- 2) 1 min 17 secs
- 3) 2 mins 39 secs
- 4) 10 mins 23 secs
- 5) 4 mins 8 secs
- 6) 6 mins 20 secs
- 7) 9 mins 1 sec
- 8) 11 mins 40 secs