



Conversion between hours, minutes and seconds

**WORKSHEET#1**

Convert the following into minutes.

1) 3 hours = \_\_\_\_\_ minutes

2) 5 hours = \_\_\_\_\_ minutes

3) 9 hours = \_\_\_\_\_ minutes

4) 2 hours = \_\_\_\_\_ minutes

5) 10 hours = \_\_\_\_\_ minutes

6) 1 hour = \_\_\_\_\_ minutes

7) 12 hours = \_\_\_\_\_ minutes

8) 7 hours = \_\_\_\_\_ minutes

9) 6 hours = \_\_\_\_\_ minutes

10) 15 hours = \_\_\_\_\_ minutes

Convert the following into seconds.

11) 3 minutes = \_\_\_\_\_ seconds

12) 9 minutes = \_\_\_\_\_ seconds

13) 10 minutes = \_\_\_\_\_ seconds

14) 1 minute = \_\_\_\_\_ seconds

15) 11 minutes = \_\_\_\_\_ seconds

16) 5 minutes = \_\_\_\_\_ seconds

17) 2 minutes = \_\_\_\_\_ seconds

18) 8 minutes = \_\_\_\_\_ seconds

19) 13 minutes = \_\_\_\_\_ seconds

20) 4 minutes = \_\_\_\_\_ seconds



## ANSWERS

1) 180

3) 540

5) 600

7) 720

9) 360

11) 180

13) 600

15) 660

17) 120

19) 780

2) 300

4) 120

6) 60

8) 420

10) 900

12) 540

14) 60

16) 300

18) 480

20) 240